

Probably the only
music and movement
resource you'll ever
need!

Sticky Kids

Music and movement
for early years



Now you can
download your favourite
Sticky Kids songs too!



Make your
Christmas Party
sparkle!
Only £7.99*

(time limited offer)



www.stickykids.co.uk



01698 207230



askus@stickykids.co.uk



Hello again!

Sticky Kids Songs are all about health and wellbeing. Our biggest seller is our range of five fun and fitness CDs used in over 10,000 groups throughout the UK. Physical development is a prime area of learning in the **Early Years Foundation Stage** in England and in Scotland physical development is an important part of the **health and wellbeing** area of the curriculum. You have heard this before but we never tire of telling you why exercise is good for growing children!

- **Heart and Lungs:** Exercise makes the lungs and heart stronger for increased energy and endurance
- **Muscles:** Exercise strengthens and stretches muscles
- **Bones:** Exercise builds strong bones
- **Reflexes and coordination:** Exercise helps develop important reflexes and coordination
- **Weight:** Exercise helps to manage weight (although, healthy eating is just as important)
- **Staying healthy:** Exercise can reduce the risk of some conditions (such as high blood pressure)
- **Brain power:** Exercise gets the blood flowing, which means more oxygen to the brain
- **Energy giving:** exercise helps us all to feel better.

But that's not all! We also have songs about **emotional well being** and about **healthy eating**. And remember - our songs also help to develop **language and listening skills**.... All of which can help to keep our children healthy and happy this year!

Anne Butler

Moneyback guarantee

If your CDs are damaged or faulty, simply return your order within 14 days for an exchange or a full refund.

Our promise to you

Children love singing, dancing, listening and laughing with Sticky Kids. And while they do, the children in your care are learning to:

- 1) move with confidence
- 2) move with control and co-ordination
- 3) show awareness of space, themselves and others
- 4) recognise the changes that happen to their bodies when they are active
- 5) handle objects with increasing control

Our programmes also create opportunities for:

- 1) social and creative development
- 2) developing skills in communication, language, literacy, numeracy and understanding of the world

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It's easy to order from Sticky Kids

by phone

1. Call one of our friendly and helpful team during office hours - or just leave a message and they'll be happy to call back to advise and to help you with your order.

01698 207230

online

2. You can also find everything you need at our informative website, where you can listen to audio samples of our songs.

www.stickykids.co.uk



Warm Up!

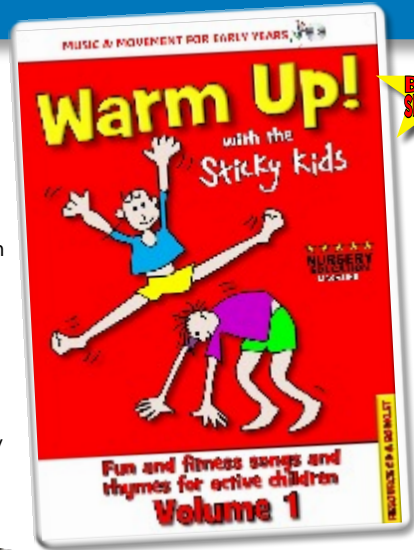
Listen
online

Packed with 24 songs and rhymes including: Stand Up Sit Down, I Jump Out of Bed and Music Music Music (done with sticks/lolly sticks - a very popular choice). Many songs encourage listening for instructions and the rhymes develop fine motor skills.

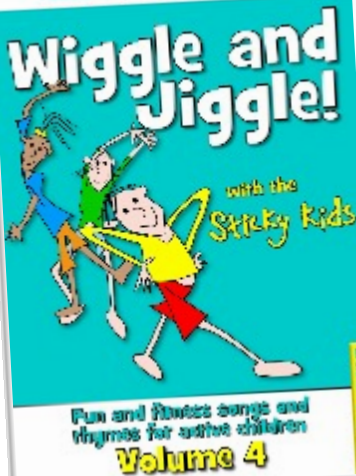
- includes 2 circle songs to encourage co-operation
- develops balance and co-ordination
- mix of very active songs and focusing songs
- comprehensive user guide

Warm Up has received a 5 star review from Nursery Education Magazine. See our website for full details.

SKCD182 Warm Up **£13.99***



BEST
SELLER



Listen
online

Wiggle and Jiggle!

16 songs for getting active and using your imagination. Songs include Wiggle and Jiggle, Let's Go Driving, Here Are My Knees, Mending The Road and The Cool Down Song (to use at the end of the session or at other times in the day!)

- develops balance and co-ordination
- develops listening skills
- circle songs and very active songs
- with comprehensive user guide

SKCD24 Wiggle & Jiggle **£13.99***

"Great for P.E sessions. Particularly suitable for pre-school aged children. If you want simple, catchy songs with actions then this is the CD for you." **Lisa - Amazon review**

www.stickykids.co.uk



Go online to see our full range

We have lots of enjoyable educational resource CDs for you to share with your children.

* Excludes delivery. See website for details.

PURCHASE ORDERS: Nurseries and schools can order with an official purchase order number for invoice - just email your purchase order or give us a call.

The Sticky Kids Fun and Fitness Range includes Warm Up! (Volume 1), Work Out! (Volume 2), Bend and Stretch! (Vol 3), Wiggle and Jiggle! (Vol 4) and Go for Gold! (Vol 5). This is a comprehensive learning resource for the Early Years Practitioner. The music and movement songs will help achieve the goals set out by Early Years curriculum requirements not only in Physical Development but also in other learning fields.

Work Out!



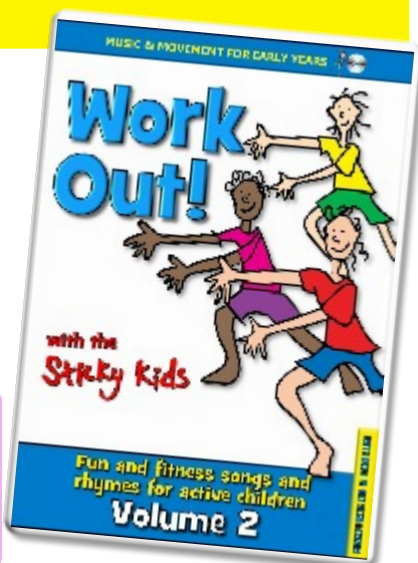
Contains 21 action packed songs and rhymes for fun and fitness sessions. Songs include Can You Run As Fast As Me (very active), How Does A Butterfly Go (learn how mini beasts move) and The Bean Bag Song (develop manipulation skills with a bean bag or sock!)

- develops movement skills
- develops imagination
- develops listening skills
- with comprehensive user guide

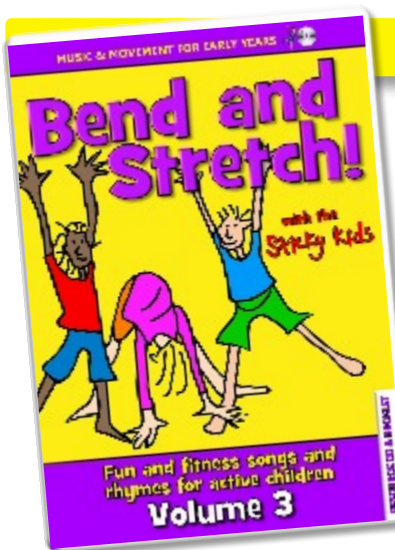
SKCD19 Work Out **£13.99***

"We use the Sticky Kids at Playgroup almost everyday and the kids love these, especially 'The Bean Bag Song' which is a favourite with everyone. These get the children moving in all sorts of ways and they have to listen and follow instructions."

Lynette - Amazon review



Bend and Stretch!



Includes 16 songs for physical development, listening skills and developing the imagination. Includes Funky Monkey (a big favourite), Zooming To The Moon, Stir Up The Porridge and Old Macdonald (the animal action version).

- develops co-ordination and balance
- songs using small apparatus
- develops imagination
- with comprehensive user guide

SKCD20 Bend & Stretch
£13.99*



"I love this CD, I work in childcare and bought it for work and children aged 2-5 love it, brilliant for a dance and movement activity. We've even had to give the name of the CD to parents who've requested it so they can listen to it at home with their children! Brilliant for rainy days to fit in some exercise, even the staff love it!" **Alice - Amazon review**

Go For Gold!



Volume 5 of our Fun & Fitness range is here. Using 25 years of experience and customer feedback, we've been working hard to produce our best-ever collection of songs.

Working closely with our early-years fitness consultant, our team of writers and musicians have produced 16 great new songs that you'll be able to use with your children time after time - and year after year - confident that the programmes have been carefully and professionally written to develop the important physical skills that young children need.

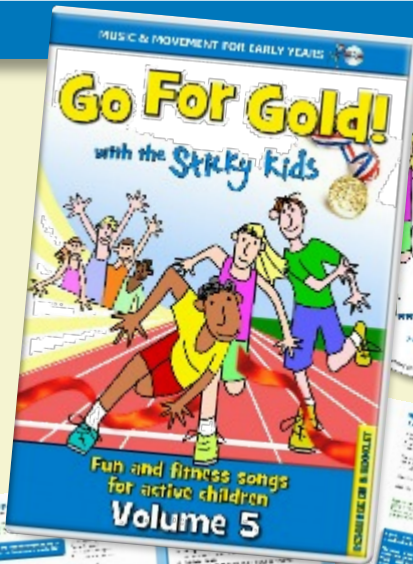
- Action songs for warming up, co-ordination, co-operation, balance and cooling down.
- Circle songs and songs on the spot.
- Imaginative and cumulative songs.
- Hand apparatus songs.

With an expanded, DVD-sized case and booklet, including preparation notes, skills table, lyrics and user notes for each song.

SKCD35 Go For Gold **£13.99***

16 great new songs

When The Teams Come Marching In - Warm Up Song - On Your Marks - Riding Around - Join Our Team - Fantastic Gymnastic - Running Shoes - In The Pool - Weekly Workout - Ring Rap - 5 Little Gymnasts - Row Your Boat - As Fast As I Can Go - Cool Down - Here's A Medal - Going For Gold



"Excellent interactive CD the children loved it! Sport related tracks - would recommend it for anytime. The children quickly learned the actions and words." scms - Amazon review

For our best selling Warm Up CD - see inside

Other Sticky Kids resource CDs include **Munch and Crunch, Fabby Dabby Dee, and Around the World.**

We believe songs are one of the most effective ways to learn in early years, and all our songs involve active learning. Early years practitioners find songs an easy and fun way to put over important messages. Your children learn about rhythm, rhyme, language and how to listen - as well as healthy eating, healthy lifestyle, friends, feelings, other cultures and much more - through the songs and rhymes in the Sticky Kids collection.



Christmas Party!

BEST SELLER!



See time-limited offer on our website.
(Excludes postage)

Before you know it, you'll be planning for your Christmas parties and plays. The Christmas Party CD is crammed full of favourite, festive singalong songs that everyone will know and love.

Make your December days sparkle and your Christmas party go with a BANG! Contains 16 songs and party games with lyrics and suggestions for actions, movement and games. A mix of new songs and old favourites.

Includes: When Santa Got Stuck Up The Chimney • Jingle Bells • Ring a Roses • 5 Christmas Crackers • Christmas Pass the Parcel • Rudolph the Red-Nosed Reindeer • We Wish You a Merry Christmas and many, many more.

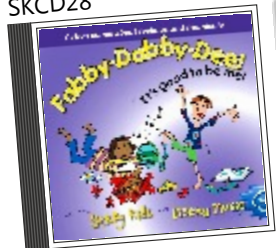
SKCD31 Christmas Party

Special Offer Price £7.99*

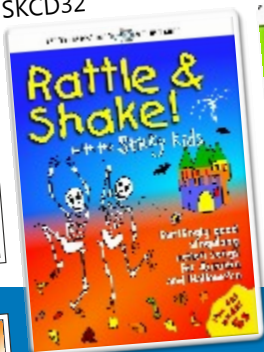
(Normal price £11.99. Limited time offer)

* Excludes delivery. See website for details

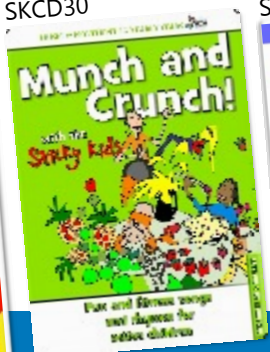
SKCD28



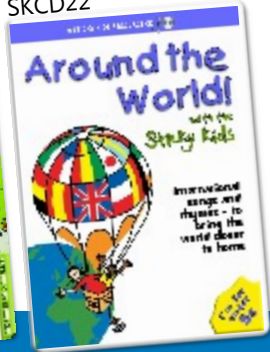
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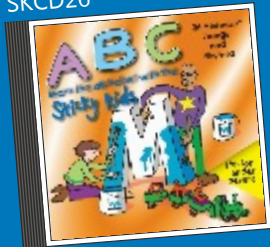
SKCD30



SKCD22



SKCD26



More Sticky Kids CDs

Other Sticky Kids resource CDs include Munch and Crunch, Fabby Dabby Dee, Rattle and Shake, Christmas Party, ABC and Around the World. We believe songs are one of the most effective ways to learn in early years, and all our songs involve active learning. Early years practitioners find songs an easy and fun way to put over important messages. Your children learn about rhythm, rhyme, language and how to listen - as well as healthy eating, healthy lifestyle, friends, feelings, other cultures and much more - through the songs and rhymes in the Sticky Kids collection.